



Mt. Pleasant Surgery Center
1439 Stuart Engals Blvd, St 100
Mt. Pleasant, SC 29464
(843) 531 6615

East Cooper Medical Center
2000 Hospital Dr
Mt Pleasant, SC 29464
(843) 416-6180

Roper St Francis Mt. Pleasant Hospital
3500 N. Hwy 17
Mt Pleasant, SC 29466
(843) 402-5000

Joshua T. Watson, M.D.

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SUTAB PREP – PM

DATE _____ PROCEDURE TIME _____ ARRIVAL TIME _____

* We reserve the right to reschedule your appointment time to an earlier slot in the event of cancellations.*

2 WEEKS BEFORE

Stop All injectables to treat Diabetes or for weight management (Wegovy, Semaglutide, Ozempic, Monjaro or zepbound (tirzepatide), Trulicity (dulaglutide), exenatide (bydureon, byetta)

5 DAYS BEFORE

STOP BLOOD-THINNERS such as WARFARIN (Coumadin), PLAVIX, including ASPIRIN

Hold iron and Fish Oil supplements.

3 DAYS BEFORE

Avoid salads, onions, or any raw vegetables or fruit with skin.

Stop all non-steroidal anti-inflammatory drugs (i.e. Ibuprofen, Motrin, Aleve) *You may take Tylenol.*

IF YOU ARE DIABETIC – HOLD ORAL MEDICATIONS LISTED – InvoKana (Canagliflozin), Farziga (Dapagliflozin), Jardiance (Empagliflozin), Steglatro (Ertugliflozin), Victoza (Liraglutide, Saxenda), Synjardy (Combo Empagliflozin/metformin), Zigdup (combo Dapagliflozin/metformin), Rybelsus (semaglutide ORAL)

2 DAYS BEFORE

STOP BLOOD-THINNERS: ELIQUIS, XARELTO, PRADAXA

IF YOU ARE DIABETIC ON INJECTABLES OR ORAL MEDICATIONS LISTED: – CLEAR LIQUIDS ONLY for 48 Hours Prior To PROCEDURE, Then NOTHING By MOUTH For FULL 12 Hours (other than water needed for prep)

Please follow our instructions, do NOT follow the instructions on the prep box

****DAY BEFORE PROCEDURE****

For Non-Diabetic Patients: Consume ONLY clear liquids such as Gatorade, ginger ale, tea, lemonade, and soda. Coffee is also acceptable **without** cream. You may have Jell-O, popsicles, vegetable broth, chicken or beef bouillon/broth **without** meat or pasta. **No alcoholic beverages.**

- ★ 1. At 6:00 PM, open 1 bottle of tablets. Fill the provided 16 oz container with water. Take 1 tablet at a time with a sip of water every 2 minutes. All 12 pills and the entire 16oz cup of water are to be finished over a 30 minute period.
- ★ 2. Over the next HOUR, you **MUST** drink two (2) more 16 oz containers of water. Continue clear liquids until bedtime.

**** MORNING OF PROCEDURE****

- ★ 3. At 6:00 AM, open remaining bottle of tablets. Fill the provided 16 oz container with water. Take 1 tablet at a time with a sip of water every 2 minutes. All 12 pills and the entire 16oz cup of water are to be finished over a 30 minute period.
- ★ 4. Over the next HOUR, you **MUST** drink two (2) more 16 oz containers of water.
- ★ After 7:30 AM, **do not have anything else to drink. This includes water, gum, candy, tobacco products, and mints etc.** Please refrain from wearing jewelry, wedding bands are acceptable.

If you have any questions or are unable to keep your appointment, please call (843) 884-5200.

*****YOUR APPOINTMENT TIME MAY CHANGE*****